



Think Progress. Think Tomorrow. Think GRADD.

GREEN RIVER AREA COUNCIL ON AGING

April 4, 2017

M-I-N-U-T-E-S

The Green River Area Council on Aging met on Tuesday, April 4, 2017, at 10:00 a.m., at the Green River Area Development District (GRADD) office. The following persons were in attendance:

COUNCIL MEMBERS PRESENT

Daviess	Susan Howard, Jennifer Hamilton, Henrietta Harris
Hancock	Diann Crask, Franklin Powers, Jean Mattingly
Henderson	Charlye Jo Griggs, Connie O'Leary, Suzanne Cravens
McLean	Jim Toler, Nancy Wetzel
Ohio	Cluster Belcher, Wilda Hardesty, Mary Young
Union	Cathy Strehle, Larry Strehle, Linda Carter
Webster	Carolyn Townsend, Tonia Morrow, Tracy Henry

COUNCIL MEMBERS ABSENT

Daviess	*Betty Medley-Wallace, *Nora Bilbro-Richie, *Melinda Cornell
Hancock	All Present
Henderson	All Present
McLean	Leona Austin
Ohio	All Present
Union	All Present
Webster	All Present

GUESTS AND STAFF PRESENT

Dana Peveler, Munday Activity Center (MAC)
Heather McGarvey, MAC
Melissa Polites, Union County Senior Services
Brenda Renfrow, Ohio County Senior Services
Scott Settle, McLean County Senior Services
Daniel Miller, McLean County Senior Services

*Excused Absence

Jack McCaslin, *Chairman* ■ Steve Austin, *Vice Chairman* ■ Kelly Thurman, *Secretary* ■ David Johnston, *Treasurer* ■ Jiten Shah, *Executive Director*

GUESTS AND STAFF PRESENT (cont.)

Lona Kratzer, Hancock County Senior Services
Sara Schultz, The Gathering Place
Mandy Fambrough, Webster County Senior Services
Cindy Repler, Sisson Manor
Joyce Copeland, Sisson Manor
Steve Baker, Comfort Keepers
Kevin Griffin, Veterans Administration
Amanda Morris, Brescia University
Chance England, Brescia University
Jennifer Williams, Associate Director for Social Services, GRADD
Lisa Flahardy, Aging Contract Specialist, GRADD
Sheila Howard, District Ombudsman, GRADD
Jeanette Woodward, Social Assistance Mgmt. System (SAMS) Admin., GRADD
Leslie Wilson, Community Services Manager, GRADD
David Clark, AmeriCorps Program Director, GRADD
Liberty Watson, Support Services Technician, GRADD
Delanie Puckett, Social Work Intern, GRADD

I. CALL TO ORDER AND OPENING REMARKS

Chairperson Susan Howard called the meeting to order. Everyone joined in the Pledge of Allegiance, and Vice Chairperson Cluster Belcher led the council in prayer.

II. OLD BUSINESS

A. Minutes of the February 7, 2017, Meeting

Secretary Franklin Powers presented the minutes of the February 7, 2017, meeting of the Green River Area Council on Aging for approval.

A motion was made by Franklin Powers and seconded by Charlye Jo Griggs to approve the February 7, 2017, minutes of the Green River Area Council on Aging meeting. A vote was taken and the motion carried.

B. Program Reports

1. Ohio County

Brenda Renfrow provided a report on recent activities with Ohio County seniors including: a trip to Frankfort to meet with legislators, St. Patrick's Day and March Madness parties at all three sites, Bingo the second Monday of each month, and a brown-bag review at the Hartford site, which was provided by Wal-mart. Audubon Area Community Services held its annual Veteran's Resource Fair on March 14, 2017, with over 125 individuals in attendance. Ken Lawson is providing Benefits CheckUp screenings at the sites. Easter parties are scheduled for each site. In partnership with Daniel Miller, McLean County Seniors, Ms. Renfrow is teaching a Diabetes Self-

Management class in Webster County. A new activity in Ohio County is a Musicians Fellowship Jam Session, held the fourth Thursday of each month. Trips are planned for the Golden Corral, Save-A-Lot, and 54 Pizza Express. Four Ohio County seniors are receiving services through the Program to Encourage Active Rewarding Lives for Seniors (PEARLS). A health fair is scheduled for May 17, 2017.

2. Union County

Melissa Polites reported a continued partnership with the Union County Library Outreach program to provide four craft classes each month. The classes take place at the Union County Senior Center and at the Sturgis site. The library also sponsors an adult coloring group. Senior Safety Day was held March 31, 2017. Seniors brought items to shred, were able to secure their personal information, and talked one on one with a pharmacist who checked medications. The day ended with lunch and a presentation on Money Safety for Seniors. Approximately 50 seniors attended and provided positive feedback on the event. The county Aging Council is now offering weekly Saturday night activities. Dances are held twice a month, with live music; karaoke is held once a month; and a DJ provides music once a month, as well. With a weekly attendance of 75, the Saturday night events are very successful. Matter of Balance classes will begin in April at the senior center, with plans to also offer the classes at a local assisted living facility. Ms. Polites is working with the local Future Farmers of America to rebuild the raised garden beds at the Union County Senior Center and exploring possibilities for the Sturgis site.

3. Hancock County

Hancock County seniors continue to participate in Bingocize. Trips to Rough River on the last Monday of every month have resumed. The county Aging Council is hosting a spaghetti dinner and gospel singing fundraiser. Lona Kratzer reported that the van has been ordered, and delivery is expected in late May or early June. Ms. Kratzer is excited about an intergenerational project sponsored by Domtar called Paper Pals. Local third grade students are matched with seniors as pen pals. The project encourages the practice of handwriting for students, which is no longer required course in many schools. At the end of the project, Domtar sponsors a picnic, providing the opportunity for pen pals to meet face-to-face.

4. McLean County

Daniel Miller reported that approximately 80 individuals attended the annual breakfast held at the McLean County Senior Center. Photos of the event were shared on social media and prompted several calls expressing interest in joining the center for future activities. Activities were held for March Madness. Two groups of seniors went to a new restaurant in Muhlenberg County. Mr. Miller is partnering with Brenda Renfrow from Ohio County to teach a Diabetes Self-Management class in Webster County.

C. Feed Seniors Now (FSN)

Jennifer Williams stated she hoped everyone had received their letters about FSN. This year five of the seven GRADD counties are participating: Daviess, Hancock, McLean, Ohio, and Webster. Collection will continue through April 26, 2017, and delivery will be on May 3, 2017. The goal is to deliver groceries to 500 seniors throughout the five counties.

D. Supportive Services Allocations (SSA)

All members were provided SSA Reports for the period of July 1, 2016 to February 28, 2017. Lisa Flahardy briefly reviewed the reports and encouraged members to call her any time if they have questions about where their county stands on providing services for the year.

III. GUEST SPEAKER

Amanda Morris, Assistant Professor of Social Work at Brescia University, addressed the council about the 2017 Memory Walk. She is chair of this year's walk in Owensboro. Ms. Morris provided several statistics regarding Alzheimer's disease and then demonstrated how to create a team on the Alzheimer's Association website. The walk will be August 26, 2017, at 10:00 a.m., at Smother's Park. Money raised from the walk will help support local programs and national research. Ms. Morris answered questions concerning dementia and Alzheimer's.

IV. NEW BUSINESS

A. Older Americans Month

Jennifer Williams reminded the council that May is Older Americans Month. This year's theme is Age Out Loud. Members were asked to complete the statements, "I age out loud by..." and "Age out loud because..." After the meeting, staff photographed members with their signs and will share them on social media during the month of May.

Several activities are planned in each of the counties for Older Americans Month. These activities were presented on Power Point slides.

B. Masters Athletic Challenge (MAC)

Leslie Wilson stated MAC will be May 31, 2017, at Panther Creek Park. Registration will begin at 8:00 a.m., with the games beginning at 9:00 a.m. This year, MAC will be a one-day event for seniors to enjoy games such as corn hole, washers, and basketball hotshot. First, second, and third place medals will be awarded for each game. Registered participants will receive a T-shirt, and lunch will be provided, as well.

C. Mental Health and Aging Coalition Report

Jeanette Woodward briefly reported on the March 23, 2017, meeting of the Mental Health and Aging Coalition. Ms. Woodward and Dana Peveler attended the state meeting. An update on new funding sources for PEARLS was announced. Lighthouse counselors continue to be trained in order to provide services in all counties. Ms. Woodward provided a tour of three websites, all of which provide mental health resources.

D. Ombudsman Advisory Council Minutes

Scott Settle presented the minutes of the March 14, 2017, Ombudsman Advisory Council meeting for approval.

A motion was made by Scott Settle and seconded by Diann Crask to approve the minutes of the March 14, 2017, Ombudsman Advisory Council meeting. A vote was taken and the motion carried.

E. State Monitoring

Jennifer Williams informed the council that representatives from the Kentucky Department on Aging and Independent Living would be at GRADD to monitor services in the coming weeks. Title 3D, Family Caregiver, Homecare, as well as Senior Center Services and the meals programs will be monitored. This year, the monitors will visit The Gathering Place in Henderson.

V. ANNOUNCEMENTS

- Next Aging Council meeting – June 6, 2017;
- GRADD Volunteer Appreciation Luncheon – April 27, 2017;
- Mental Health & Aging Coalition – May 25, 2017;and
- Masters Athletic Challenge – May 31, 2017.

VI. ADJOURNMENT

With no further business to come before the council, the meeting adjourned.

/lw