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GREEN RIVER AREA COUNCIL ON AGING

April 5, 2016

M-I-N-U-T-E-S

The Green River Area Council on Aging met on Tuesday, April 5, 2016, at 10:00 a.m., at the Green River Area Development District (GRADD) office. The following persons were in attendance:

COUNCIL MEMBERS PRESENT

Daviess	Mattie Jones, Melvin Smith, Nora Bilbro-Richie, Susan Howard
Hancock	Franklin Powers, Diann Crask, Jean Mattingly
Henderson	Charlye Jo Griggs, Sandy Blue
McLean	Jim Toler
Ohio	Cluster Belcher, Wilda Hardesty, Mary Young
Union	Linda Carter, Larry Strehle
Webster	Tonia Morrow

COUNCIL MEMBERS ABSENT

Daviess	Jennifer Hamilton*, Mary Robertson, Melinda Cornell,
Hancock	All Present
Henderson	Connie O'Leary*, Suzanne Cravens
McLean	Nancy Wetzel*, Leona Austin
Ohio	J.T. Boling
Union	Cathy Strehle*
Webster	Carolyn Townsend*

GUESTS AND STAFF PRESENT

Lona Kratzer, Hancock County Senior Services
Brenda Renfrow, Ohio County Senior Services
Heather McGarvey, Munday Activity Center

*Excused Absence

Jack McCaslin, *Chairman* ❖ Steve Austin, *Vice Chairman* ❖ Kelly Thurman, *Secretary* ❖ David Johnston, *Treasurer* ❖ Jiten Shah, *Executive Director*

SISTER REGION:

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Serving the Municipal and County Governments of Daviess ❖ Hancock ❖ Henderson ❖ McLean ❖ Ohio ❖ Union ❖ Webster



GUESTS AND STAFF PRESENT (cont.)

Dana Peveler, Munday Activity Center
LaDonna Pollard, Webster County Senior Services
Margarette Johnson, Webster County
Melissa Polites, Union County Senior Services
Scott Settle, McLean County Senior Services
Daniel Miller, McLean County Senior Services
Linda Brown, The Gathering Place
Debra Jacob, Department for Community Based Services (DCBS)
Vivian McNatton, Associate Director for Social Services, GRADD
Jeanette Woodward, Social Assistance Mgmt. System (SAMS) Administrator, GRADD
Lisa Flahardy, Aging Contract Specialist, GRADD
Leslie Wilson, Senior Resource Coordinator, GRADD
Kelli King, Family Caregiver Coordinator, GRADD
Sheila Howard, District Ombudsman, GRADD
Liberty Watson, Support Services Technician, GRADD
Ken Lawson, National Council on Aging (NCOA) Outreach Specialist, GRADD
Michael Howerton, Intern, GRADD
Sarah Ackerman, Intern, GRADD

I. CALL TO ORDER AND OPENING REMARKS

Chairperson Susan Howard called the meeting to order and asked everyone to join in the Pledge of Allegiance. Vice Chairperson Cluster Belcher then led the council in prayer. Chairperson Howard welcomed Jean Mattingly to the council.

II. OLD BUSINESS

A. Minutes of the March 1, 2016, Meeting

Secretary Franklin Powers presented the minutes of the March 1, 2016, meeting of the Green River Area Council on Aging for approval.

A motion was made by Franklin Powers and seconded by Mattie Jones to approve the March 1, 2016, minutes of the Green River Area Council on Aging meeting. A vote was taken and the motion carried.

B. Program Reports

1. Ombudsman Advisory Council

Scott Settle presented the minutes of the March 17, 2016, Ombudsman Advisory Council meeting for approval.

A motion was made by Scott Settle and seconded by Cluster Belcher to approve the March 17, 2016, minutes of the Ombudsman Advisory Council meeting. A vote was taken and the motion carried.

Mr. Settle extended an invitation to all members to attend the next meeting of the Ombudsman Advisory Council and learn about problems faced by area residents of long-term care facilities. There was some discussion about Senate Bill 6 (SB6) which, if passed, would require a medical review panel to evaluate complaints from long-term care clients prior to complaints being heard in a court of law. Sheila Howard stated the Ombudsmen oppose this bill as it interferes with a resident's right to legal process, and adds undue burden by imposing fees for the review panel. Ms. Howard will keep the council informed of any developments concerning SB6.

2. Ohio County

Brenda Renfrow reported on activities taking place in Ohio County. Valentine's, St. Patrick's, March Madness, and Easter parties were held at all three sites. During March, National Nutrition Month, the centers featured a fruit and vegetable of the week. A potluck was held with participants bringing dishes to highlight the featured fruits and vegetables. The health department presented a class on freezer meals. Caretenders provided a lesson about heart health, and a lesson about colon health was provided by Community Home Health. A group of seniors attended both GRADD Legislative Breakfast events. A group also traveled to Frankfort and met with Senator C.B. Embry and Representative Tommy Thompson, as well as toured the capitol. Audubon Area Community Services held a Veteran's Resource Fair with 40 vendors and over 100 attendees. Ken Lawson spoke about Benefits CheckUp and helped 10-15 people complete the check-up tool. Upcoming events include a coal miners clinic and Bingo sponsored by local homecare and long-term care facilities.

3. Hancock County

Lona Kratzer gave an update on activities with Hancock County Seniors. The library sponsored an Easter egg hunt. There was a March Madness party. Monthly trips to Rough River Buffet and Bingo have resumed and are a popular activity. Ken Lawson conducted Benefits CheckUp screenings in Hancock County. A Donate Life event is scheduled as well as a Bunco and spaghetti fundraiser. Ms. Kratzer has partnered with the library to display books on various topics in the senior center.

4. McLean County

Daniel Miller reported on activities for the last quarter for McLean County. A Christmas party was held at each site with pot lucks. A candy making day was a new event providing a place for seniors to make favorite holiday candies which were then delivered to shut-ins. A group attended the Owensboro Dance Theater's Nutcracker performance and thoroughly enjoyed the experience. Blood pressure checks, flu shots, and a respiratory clinic were held. David Petit presented information about mental health and epilepsy. In January, a

county-wide breakfast attracted over 100 participants. Seniors have attended Bingo at the library. Tax service has also been available to McLean seniors.

5. Munday Activity Center (MAC)

Heather McGarvey informed the council of a new program at MAC. Owensboro Symphony Orchestra has begun a drumming circle. The evidence-based program has multiple benefits for participants.

6. Webster County

LaDonna Pollard stated two upcoming events for Webster County are a coal miners clinic for April 25, and the annual health fair for May 17, 2016. Ms. Pollard also announced she is retiring effective June 1, 2016, and expressed her appreciation for the Aging Council.

7. Union County

Melissa Polites reported May 6, 2016, is the Union County Health Fair. A new approach is underway for Senior Day at the Fair with Evansville Bluegrass Band, Sassy Brown, scheduled to perform. Ms. Polites extended an invitation to anyone interested in joining her team for the 2016 Epilepsy Awareness Walk on June 11, 2016, at Legion Park in Owensboro.

C. Veterans Directed Care Update

Vivian McNatton stated GRADD is not yet providing Veterans Directed Care as anticipated. A conference call with the Pennyrile and Purchase ADDs, the Administration for Community Living, and the Veterans' Administration (VA) Hospital in Marion, IL, is scheduled for April 12, 2016. The new target is to have the first client by the end of April. GRADD will provide case management for veterans who have been determined eligible by the Marion VA Hospital. The program is a direct contract with the VA and is not administered through the Department for Aging and Independent Living.

D. Budget Cuts

Vivian McNatton informed the council of a four and one-half (4.5) percent budget cut in services from state funding for the remainder of fiscal year 2016. Approximately \$99,000.00 will be returned to the state. GRADD staff is working to determine what can be cut without affecting services. The result is people will be on a waiting list and will not receive services this fiscal year. Ms. McNatton stated another nine (9) percent cut is anticipated for next year, beginning July 1, 2016.

III. NEW BUSINESS

A. Approval of Area Plan Update

Vivian McNatton presented a PowerPoint which highlighted the Fiscal Year 2017 Area Plan Update. Ms. McNatton reminded council members that Title III services are federally-funded services, and Homecare services are state-funded services. Lisa Flahardy stated the budget presented in the update represents the budget at the beginning of this fiscal year and is not a reflection of the four and one-half (4.5) percent budget cut. The budget will be updated as it is determined where cuts will be made. Jeanette Woodward pointed out on program income that on average \$1.14 is received as a congregate meal donation, and \$0.38 for a home-delivered meal. Ms. Woodward explained that program income/donations are put back into the program to expand the services. Chairperson Howard asked for a motion to approve the Area Plan Update.

A motion was made by Charlye Jo Griggs and seconded by Mattie Jones to approve the Fiscal Year 2017 Area Plan Update. A vote was taken and the motion carried.

B. Program to Encourage Active Rewarding Lives for Seniors (PEARLS) Expansion Committee

Jim Toler reported for the committee. Ohio County has made a request for funds. The other five counties are also interested in expanding the program. Mr. Toler stated funding is needed primarily for training in the PEARLS model. The services provided are Medicaid and Medicare billable. The committee will be investigating possible funding sources and qualified providers for each county. The committee will meet prior to the June Aging Council meeting.

C. Quarterly Programs Update

This report was postponed due to staff working on the budget cut.

D. Donations Committee Report

Chairperson Howard stated a committee is needed to look at the possibility of increasing the suggested donation for congregate and home-delivered meals. Cluster Belcher, Sandy Blue, and Nora Bilbro Richie agreed to serve on the committee. Council members were provided a spreadsheet with a comparison of the other ADD's suggested donation amounts. The county coordinators will join in the first meeting to provide insight.

E. Volunteer Appreciation Luncheon

The GRADD 14th Annual Volunteer Luncheon is April 14, 2016, from 10:00 a.m. – 1:00 p.m. Council members were sent an invitation and are encouraged to RSVP.

F. Department for Aging and Independent Living (DAIL) Monitoring

DAIL will conduct its annual monitoring of GRADD on April 28, 2016. In addition to being at the GRADD office looking at files, the monitors will be going to the McLean County Senior Center and riding a meal route. Vivian McNatton expects they will also visit the Munday Activity Center.

G. Introduction of New National Council on Aging (NCOA) Staff

Leslie Wilson introduced Ken Lawson, the newest staff member working with the NCOA Benefits CheckUp. Mr. Lawson has already visited a couple of the senior centers and will be promoting Benefits CheckUp throughout the GRADD region.

H. Master's Athletic Challenge

Leslie Wilson announced the Master's Athletic Challenge (formerly Senior Games) will be June 3-9, 2016. Events this year include tennis, billiards, bowling, and a golf scramble. Ms. Wilson encouraged all present to take flyers and post in their communities. Registration forms will go out in the next few weeks.

I. Aging Gracefully

Leslie Wilson stated GRADD and the Munday Activity Center are partnering with Golden Partners to present Aging Gracefully on May 17, 2016, 8:00 a.m. – 11:30 a.m., at the Health Park. A variety of screenings will be available, healthy snacks will be provided, and two area doctors will speak on fall prevention and general aging topics. The event is free.

IV. ANNOUNCEMENTS

- The next meeting of the Green River Area Council on Aging is June 7, 2016.

V. ADJOURNMENT

There being no further business to come before the council, the meeting was adjourned.

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