


Local

OH, GRADD to host prescriptions forum Tuesday

 By Austin Ramsey Messenger-Inquirer

 07.24.16

Owensboro Health is partnering with the Green River Area Development District to offer a free health resource forum on prescription medications this week.

"To Take or Not to Take: Understanding Prescriptions" will be held from noon to 3:30 p.m. Tuesday in conference rooms at the Pleasant Valley Center at Owensboro Health Regional Hospital. Hospital staff like Care Partner Leah Lewis with One Health Clinical Integration will cover topics like how to make prescriptions more affordable, legal disposal methods and advice for care givers or veterans.

Lewis said events like these help people understand more about their prescriptions. Sometimes, she said, patients can fail to have important conversations about the different medications they're taking, and that's dangerous.

For many people, medications are part of day-to-day living. Understanding the consequences of certain dosages or reactions is critical, and affording them can be a daunting task.

"Many people tend to stop taking prescription medications before they have completed a doctor-recommended dose," she said. "That can be harmful, because it often leads to later complications."

There are six speakers who will speak at the event. Lewis said they are local experts on medication and affordable healthcare issues.

More information about this event is available by contacting Lewis at 270-688-3225 or GRADD at 1-800-928-0743.

Austin Ramsey, 270-691-7302, aramsey@messenger-inquirer.com, Twitter: [@austinrramsey](https://twitter.com/austinrramsey)