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Silver Bells & the Season of Giving

The District Long Term Care Ombudsman Program invites individuals and organizations in the GRADD area to contribute to the **2019 Silver Bells** project.

Heather Mullican, District Long Term Care Ombudsman, and other GRADD staff are coordinating a collection of items to fill gift bags for delivery to two personal care homes in the region at Christmas time.

Suggested items for the bags include:

· soft drinks	· chips	· chap stick	· tissues
· drink packets for bottled water	· instant Coffee	· socks	· raisins
· peanut butter snack crackers & cheese snack crackers	· snack cakes	· gloves	· bottled water

According to Ms. Mullican, "Residents of personal care homes continue to be an often overlooked population in our communities. Through Silver Bells, we want to bring awareness to the community while also brightening the holidays for the residents we serve."

Donations can be brought to the GRADD office during regular business hours, with a collection cutoff of December 9. Monetary donations are also welcome and will be used to purchase items to complete the bags, as well as to buy fresh fruit for the bags.