



MEDIA RELEASE

FOR IMMEDIATE RELEASE

March 27, 2024

GRADD Celebrates Senior Nutrition Program Anniversary

This March, the Green River Area Development District celebrated the anniversary of the national Senior Nutrition Program alongside the Administration for Community Living (ACL) and senior nutrition service providers.

Since 1972, the Senior Nutrition Program has supported nutrition services for older adults. Funded by the Older Americans Act, local senior nutrition programs serve as hubs for older adults (60 and older) to access nutritious meals and other vital services that strengthen social connections and promote health and well-being.

Senior nutrition is now more important than ever. Each year in the U.S., up to half of adults over 65 at risk of malnutrition, and more than 10 million face hunger. In communities throughout the U.S. – including our own – older adults sometimes lack access to the high-quality, nutritious food they need to remain healthy and independent.

As part of the Senior Nutrition Program network, GRADD helps older adults in our community by promoting healthy eating, decreasing social isolation, and improving health. The program also provides connections to home and community-based services that can support independence and overall well-being.

“Our goal is to improve lives for seniors,” said GRADD’s Community Service Manager Amber Gebhard. “Not only are we working to help seniors with their physical health and preventing hunger, but with their mental health and staying social. Meals provide an opportunity for seniors to socialize, whether at the senior centers or with the person bringing them their meals and checking in on them.”

Through the Senior Nutrition Program, GRADD partners with local senior centers to provide congregate meals to 886 seniors and home-delivered meals to 839 seniors. Between July 1, 2022, and June 30, 2023, GRADD served 86,400 congregate meals and 157,389 home-delivered meals.

FOR MORE INFORMATION, CONTACT:

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The Green River Area Development District (GRADD) is a regional planning agency and council of governments serving the communities of Daviess, Hancock, Henderson, McLean, Ohio, Union, and Webster counties. GRADD offers assistance in the fields of aging, health, and social services; community and economic development; transportation planning; and workforce development. Our mission is to afford local governments and citizens a regional forum to identify issues and opportunities, and to provide leadership in planning and implementing programs to improve the quality of life in our district.

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