



MEDIA RELEASE

FOR IMMEDIATE RELEASE

May 5, 2025

GRADD Region to Celebrate Older Americans Month with Community Events & Health Fairs

Owensboro, KY – [Insert Date] – Each May, the **Administration for Community Living (ACL)** leads the nation’s observance of **Older Americans Month (OAM)**—a time to honor the contributions of older adults, recognize aging trends and reaffirm our commitment to supporting the aging population.

The 2025 theme, “**Flip the Script on Aging**,” encourages a cultural shift in how we view aging—celebrating older adults as vibrant, capable and deeply engaged members of our communities.

“As a senior center director, I am inspired to focus on changing how society perceives, talks about, and approaches aging,” says Hancock County Senior Services Director Lona Morton. “I encourage our older adults to do the same by continuing to learn and try new things. This month, let’s ‘Flip the Script on Aging’ by disproving outdated stereotypes and celebrating the opportunities and joy that come with aging.”

To celebrate, senior centers around our district are hosting a series of events throughout the region that include community celebrations, entertainment and a full slate of **health fairs** aimed at supporting older adults’ well-being. All the community celebrations will be held at the senior centers except for Webster County’s celebration (Canaan Ridge Park).

Older Americans Month Community Events

- **Union County** – *Union County Proud*
May 12 | 10:00 a.m. – 1:00 p.m. | Music by *The Tempos*
- **Henderson County** – *Bingo & Line Dancing with Kelly Turley*
May 13 | 10:00 a.m.
- **Ohio County** – *Country Picnic*
May 19 | 10:00 a.m.
- **Hancock County** – “*Through the Decades*”
Entertainment by Kelly Turley
May 21 | 10:00 a.m. – 1:00 p.m.

- **Daviess County** – *Senior Spring Picnic FUNdraiser*
May 22 | 10:00 a.m. – 2:00 p.m.
Sponsored by **Hospice & Morrisons** | Games, Entertainment & Lunch
- **McLean County** – *Where Luck Finds You*
May 23 | 10:00 a.m.
- **Webster County** – *Seniors Reelin' & Chillin' at the Ridge*
May 30 | 10:00 a.m. – 1:00 p.m. (Held at Canaan Ridge Park)

Health Fairs – All Events 9:00–11:00 a.m.

- **Union County** – Friday, **May 2**
- **Ohio County** – Wednesday, **May 7**
- **Hancock County** – Friday, **May 9**
- **Webster County** – Tuesday, **May 13**
- **Henderson County** – Thursday, **May 15**
- **McLean County** – Tuesday, **May 20**
- **Daviess County** – Thursday, **May 22**

These health fairs offer older adults the opportunity to connect with valuable resources, receive health screenings, and learn more about local programs that support healthy aging.

"May is a thrilling month for all our GRADD Senior Centers, as they showcase and celebrate the incredible programs they offer to our communities," says GRADD Community Services Manager Amber Gebhard. "We invite everyone to join in the festivities and discover the beauty and vibrancy of our centers. If you haven't visited one yet, now is the perfect time to experience all they have to offer!"

Amber Gebhard
300 GRADD Way, Owensboro, KY 42301
(270) 926-4433
ambergebhard@gradd.com

The Green River Area Development District (GRADD) is a regional planning agency and council of governments serving the communities of Daviess, Hancock, Henderson, McLean, Ohio, Union, and Webster counties. GRADD offers assistance in the fields of aging, health, and social services; community and economic development; transportation planning; and workforce development. Our mission is to afford local governments and citizens a regional forum to identify issues and opportunities, and to provide leadership in planning and implementing programs to improve the quality of life in our district.

300 GRADD Way, Owensboro, KY 42301 | www.GRADD.com | 270.926.4433